



JUNE 2021

FORCE REPORT

People, Platforms, Performance, Power

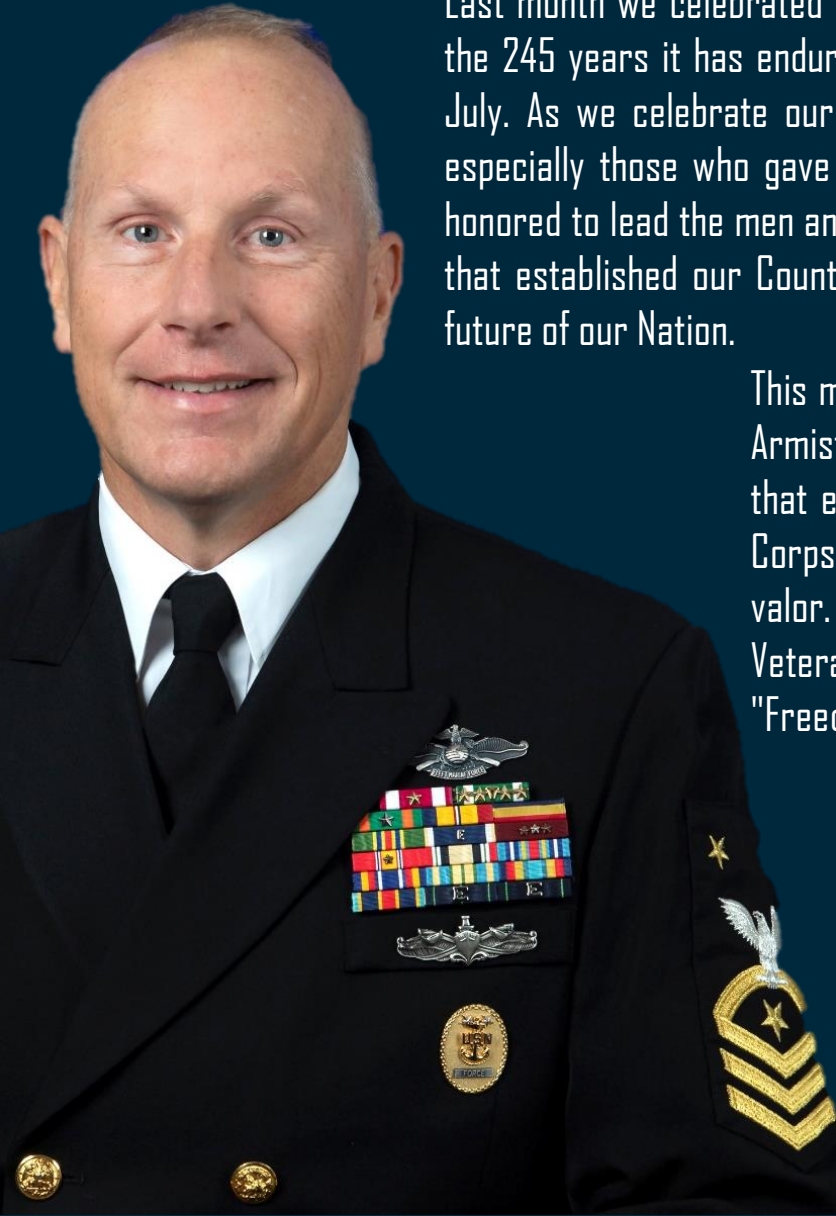


Force Master Chief Roberts, Director Hospital Corps:

Last month we celebrated the Hospital Corp's 123rd birthday. This month we celebrate the birth of our Nation, the 245 years it has endured and a future as bright as the fireworks that light up the night's sky every 4th of July. As we celebrate our independence and our freedoms, remember all those who fought, sacrificed and especially those who gave all of themselves so that we could enjoy everything we have today. I'm incredibly honored to lead the men and women of the Hospital Corps, who proudly continue the tradition of selfless service that established our Country. You are the backbone of Navy Medicine, the fighting spirit of the Navy and the future of our Nation.

This month we also honor the veterans of the Korean War on National Korean War Veterans Armistice Day. We remember that many who fought in the Korean war were veterans of WW2 that ended only five years prior. We pause to appreciate the ultimate sacrifice of the 109 Corpsman killed in action and the many who distinguished themselves with tremendous valor. Just a few miles from where I write this, the black granite wall of the Korean War Veterans Memorial stands as a testament to their sacrifice. Etched on its face are the words "Freedom is Not Free."

July 28th is National Buffalo Soldiers Day, the holiday celebrating the contributions of some of the earliest African-American troops in the United States. The first troops to be called Buffalo Soldiers were assigned to the 10th Cavalry Regiment, assembled in 1866 at Fort Leavenworth in Kansas. Like so many names and nicknames throughout history, the term "Buffalo Soldier" transcends its origins and is considered a badge of honor today. Those who want to pay their respects are encouraged to visit monuments that may be nearby and research the history and contributions of these soldiers and their significance in American culture.





CAREER COUNSELOR CORNER

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DON COOL

The Department of Navy (DON) Credentialing Opportunities On-Line (COOL) website represents a joint effort, close coordination and shared resources that support the Navy and Marine Corps COOL programs. Credentialing is becoming more important across the DoD, adding value for Sailors and Marines while they serve and as they transition to civilian life. DON Civilians can also benefit from credentialing as part of their personal and professional development. DON COOL reflects the Department of the Navy's ongoing commitment to Sailors, Marines, and Civilians in providing world class training, experience, and opportunities that will serve them well on active duty, in federal service, and in post-service civilian careers.

It's Important to understanding what the COOL program is, and also what it is not. COOL:

IS

- ✓ Built and maintained on the needs of the Navy.
- ✓ Intended as a workforce professionalization tool.
- ✓ For the Active Duty and Reserve Navy and Marine Corps as well as civilian personnel.
- ✓ An information resource on civilian credentials linked to military training and experience.
- ✓ A resource available to help attain credentials.
- ✓ A resource for civilian professional development opportunities available in their career areas.

IS NOT

- ✗ A credentialing agency or a testing center.
- ✗ An accrediting organization and does not create credentialing standards.
- ✗ A repository of military training materials.
- ✗ Intended solely as a Veteran resource.

INDEPENDENT DUTY CORPSMAN (IDC)

Vital Versatile Skilled

Sub IDC / LO1A

Recon IDC / LO2A

Dive IDC / L28A

Surface IDC / L10A



Requirements, training and benefits very between NEC's but may include:

- Selective Reenlistment Bonuses
- Special Duty Assignment Pay
- Sea Duty Incentive Pay
- Accelerated Advancement

To learn more about what it means to be an IDC, please visit:

<https://www.dvidshub.net/video/788084/versatile-skilled-vital-independent-duty-corpsman>

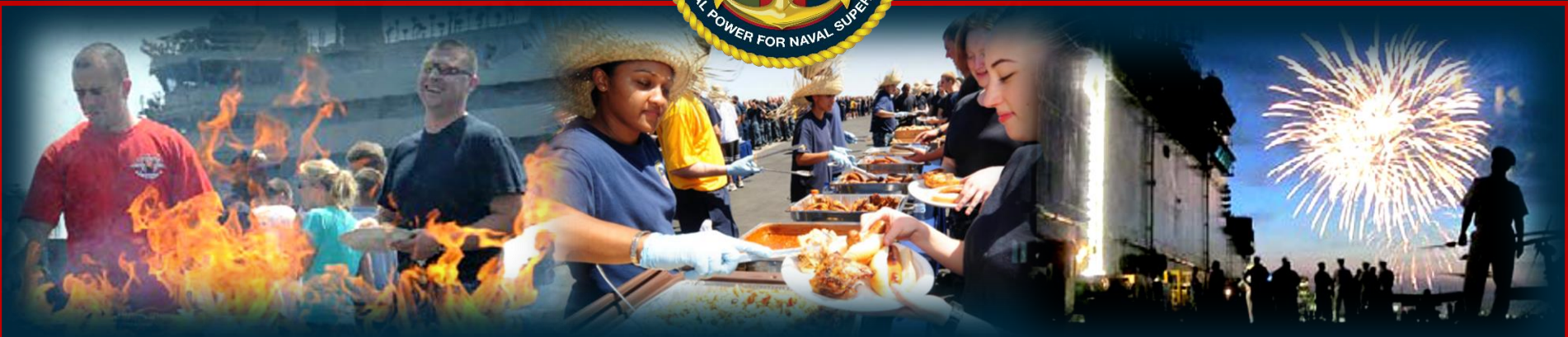
For up to date details on program requirements and benefits talk to your career counselor and visit:

<https://app.prod.cetars.training.navy.mil/cantrac/vol2.html>

SUMMER



SAFETY



It is important to practice grilling safety to prevent unwanted fires and injuries. Gas, charcoal and other solid-fuel grills caused an annual average of 8,300 home fires. Over half of outdoor home-fires, involved outside gas grills. Some simple measures can prevent most grilling mishaps. Propane and charcoal barbecue grills should only be used outdoors. Keep children and pets away from the grilling area. Never leave your grill unattended. Avoid wearing clothes with long, loose-fitting sleeves when cooking. Keep your grill clean (remove grease or fat buildup).

Each year approximately 48 million people get sick from foodborne diseases, 128,000 are hospitalized and 3,000 die from those same foodborne illnesses. These illnesses, more commonly known as "food poisoning" are caused by pathogens from unwashed hands, food, and surfaces, cross-contamination, and foods that are not cooked or stored at the proper temperature. Barbecue weather is the ideal environment for bacteria and other pathogens to grow in food and cause foodborne illness. That's why it's so important to safely clean, separate, cook, and chill foods such as meat, poultry, seafood, and egg products.

Fireworks can also cause serious property damage and injury. Fireworks cause as many as 17,800 reported fires annually which led to millions of dollars of property damage. Young people ages 15 to 24 are most at risk for fireworks injuries, which is why the safest way to enjoy them is to attend a public display by trained professionals. Don't pick up fireworks that have already been lit or may be left over because the firework might still be active. Keep a bucket of water nearby to soak fireworks that don't go off.

NAVY & MARINE CORPS PUBLIC HEALTH CENTER

<https://www.med.navy.mil/sites/nmcphc/health-promotion/Pages/hp-toolbox-july.aspx>



MEDICAL READINESS UPDATES

FOCUS ON: Periodic Health Assessment (PHA)

Is your PHA up to date? Are you fully medically ready?

We need a ready medical force:

Hospital Corpsmen, Nurses, Providers and support staff fit and ready to do our jobs ensuring...

The Navy has a medically ready force:

Marines and Sailors ready to deploy around the world at a moments notice in support of National interests.

The 2021 PFA cycle started this month, and we're facing a PHA backlog of more than 55,000 across the force. This is an all hands on deck issue that requires close coordination between individual Sailors, the One Navy Medicine Team and the commands we service. To be able to do our part I need each and every Hospital Corpsman to ensure their own PHA is complete and that they are as medically ready as possible.

The Electronic PHA (EPHA) self-reported questionnaire portion can be completed at:

<https://data.nmcphc.med.navy.mil/pha>

Additional resources are available at the Navy and Marine Corps Public Health Center at:

<https://www.med.navy.mil/sites/nmcphc/epi-data-center/Pages/periodic-health-assessment.aspx>

FALLEN, BUT NEVER FORGOTTEN

Hospitalman Aaron D. Ullom

20, of Midland, MI, died July 12, 2011,
during combat operations in Afghanistan

Hospital Corpsman 3rd Class Travis L. Youngblood,

26, of Surrency, Ga., died July 21, 2005,
during combat operations in Iraq.

Hospital Corpsman 3rd Class David J. Moreno

26, of Gering, Neb., Died July 17, 2003,
during combat operations in Iraq.

Hospitalman Daniel S. Noble,

21, of Whittier, California, died July 24, 2007,
during combat operations in Iraq



FAIR WINDS AND



FOLLOWING SEAS

HM1 ACOSTA HERMIN A	HMC FRYMIRE JAMES G	HM1 LEWIS NATALIE N	HM1 RIVAS AMADO
HMCS ANDERSON BRIAN S	HM1 GARCIA HECTOR R JR	HM1 MANUEL KARLA R	HMCS ROBERTS DANIEL C
HM1 ARINAS RODOLFO C JR	HMCS GARCIA MAIDA S	HMC MATHIS KELTON B	HMC ROBERTSON THOMAS A
HMCS BAZILE RANDOLPH JR	HM1 GARCIA SAMANTHA	HMC MCKNIGHT AARON P	HM1 ROBLEDO DAVID
HM1 BUCHBERGER RYAN M	HMCS GODFREY GREGORY L	HMC MILES ALVIN L JR	HMC RODRIGUEZ EDWIN G
HMCS BUSHNELL BRENT A	HM1 HEITZ JASON R	HMCS MILLER KELLY M	HMC ROMERO CARLOS K
HM1 CERVANTES RAUL M	HM1 HOFFMAN DUSTIN L	HM1 MOCEK JONATHAN E	HMCS SALES ARVIN F
HMC CORTEZ MANUEL G	HMCS JEVNE JENNIFER L	HMC MORADEL KELVIN R	HMCS SAMONTE JOSEPH A
HM1 CROCKER BRANDI D	HMCM JOHNSON VENITA L	HM1 MORGADO CARLOS R	HM1 SPAULDING AARON K
HMCM CUMMINGS BRETT J	HM1 JONES JAMAL R	HM1 ORR JATASHA L	HMC TORRES JULIAN C
HMCM DELACRUZ NORMAN L	HMC KING COURTNEY E	HM1 PONCE JOSE A	HMC VALVERDE M
HM1 DERISSE JAMES	HM1 KUNIYUKI SCOTT Y	HMC PUERTO ROY V	HM1 RUTT SCOTT D
HMC FLOYD PATRICK T	HM1 LADD GEORGE A	HM1 RIGBY DONNAMAY M	

For many years these sailors stood the watch. While some of us were in our bunks at night these sailors stood the watch.

While some of us were in school learning our trade these shipmates stood the watch.

Yes.. even before some of us were born into this world these shipmates stood the watch.

In those years when the storm clouds of war were seen brewing on the horizon of history these shipmates stood the watch.

**Many times they would cast an eye ashore and see their family standing there,
needing their guidance and help, needing that hand to hold during those hard times but they still stood the watch.**

They stood the watch for twenty years or more.

**They stood the watch so that we, our families and our fellow countrymen could sleep soundly in safety, each and every night,
knowing that a sailor stood the watch. Today we are here to say,**

Shipmate... the watch stands relieved.

Relieved by those you have trained ,guided, and led.

Shipmate you stand relieved..

WE HAVE THE WATCH

OFFICE OF THE HOSPITAL CORPS



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